

**SYLLABUS FOR PHYSICAL EDUCATION TEACHER**

- History, Principles and foundation of Physical Education
- Yoga Education
- Anatomy and Physiology
- Educational Technology and Methods of Teaching
- Health Education and Environmental Studies
- Organization and Administration
- Officiating and Coaching
- Contemporary issues in physical education, fitness
- Sports Nutrition and Weight Management
- Sports Medicine, Physiotherapy and Rehabilitation
- Measurement and Evaluation in Physical Education
- Theory of sports and game

